

World
Eating Disorders
Action Day



Dear MPP,

I hope this message finds you well.

Nearly one year ago, on World Eating Disorder Action Day (June 2nd), Members of Parliament joined us at Queen's Park for a nonpartisan legislative breakfast that brought together voices from across Ontario—clinicians, advocates, individuals with lived experience, and representatives from all four political parties. The collective tone that morning was one of shared concern, collaboration, and a clear commitment to advancing meaningful change for those impacted by eating disorders.

We left that gathering encouraged by the dialogue, the acknowledgment of the urgency, and the stated willingness to explore solutions—particularly around improved access to care, increased awareness, and sustainable funding pathways.

However, as we approach the one-year anniversary of that event, our community has not yet seen tangible progress in the form of policy updates, funding announcements, or formalized action steps stemming from those discussions.

Eating disorders remain among the most complex and life-threatening mental health conditions, affecting 2.7 million Canadians and placing immense strain on individuals, families, and healthcare systems. The need for coordinated, responsive, and adequately resourced care has not diminished—in fact, it continues to grow.

We are writing today to respectfully inquire:

- What progress has been made over the past year in response to the discussions and commitments shared at the breakfast?
- Are there current or upcoming initiatives, policy considerations, or funding opportunities that address eating disorder care and support in Ontario?
- How can we, as a coalition of community organizations, continue to support and collaborate with you to move this work forward?

We remain deeply committed to being part of the solution. Our organizations bring frontline experience, evidence-informed practices, and the voices of those directly impacted. We would welcome the opportunity to reconnect—whether through a follow-up meeting, roundtable discussion, or individual conversations—to continue this important dialogue and help translate shared intentions into meaningful action.

The individuals and families we serve cannot afford for this momentum to stall. We owe it to them to ensure that the conversations started last year lead to real, measurable change.

Thank you again for your engagement and for the support you expressed. We look forward to hearing from you and to continuing this work together.

Warm regards,

On behalf of the Ontario Eating Disorders Community Alliance

